

# Thomas Badillo



**T**om Badillo, is a martial arts instructor from the San Francisco Bay Area, with a dedicated interest in teaching Martial Arts in the Steampunk 'verse. Tom teaches such diverse subjects as Defending Your Airship, Bartitsu (The Martial Art of Sherlock Holmes) and Steampunk Saber and Nerf gun at conventions including CombatCon, Steam-Con, Gaslight Gathering, Nova Ablion and ISMAC.

Tom has a cameo in the Steampunk film, *Vintage Tomorrows*.

Currently Coach Tom is teaching LED Saber at En Guard Fencing in Santa Rosa and The Filipino Combative Arts at The Tosetti Institute of Mixed Martial Arts and Fitness. Find us Tom on Facebook.

You can also reach Tom at [thomas.badillo@gmail.com](mailto:thomas.badillo@gmail.com).

## Classes and Panels

### Steampunk Spear

**Sat. 1 p.m.**

We will explore the use of 16th century spear of the Italian school and how it can be used in the Steampunk 'verse.

Topics covered will be:

- Simply Attacks
- Compound attacks
- Defense with distance
- Defense with weapon footwork.

### Panel Martial Arts in the Steampunk

**Verse**

**Sat. 4 p.m.**

After watching the pre-study materials video with instructors, David Charles, Tim Green, Tom Badillo, Brooke Boyer, J Marlow Schmauder, Gene Ching, Fred Kaye and Argent Bracci, con goers can ask questions of an array of martial art instructors who have taught in the Steampunk 'verse.

Some are instructors from past Clockwork Alchemy conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo leading the panel with Henry Hill, Tim Green, Fred Kaye and Argent Bracci.

### Adaptive Fencing

**Sun. 4 pm.**

Adaptive fencing is an excellent sport for anyone who wishes to remain active when typical able-bodied mobility is not possible. The barrier for entry is fairly low, requiring proper safety equipment and a well-balanced, armless chair of some kind, preferably with a low back. The purpose of this video session is to explain the basics of adaptive fencing, answer any questions about the sport, and provide resources and information for anyone who is interested in pursuing the sport further. Adaptive fencing, whether Olympic style or using historical weapons such as the rapier, is excellent for your health. As a physically active strategy game, it is excellent for keeping both mind and body fit. If you have ever wished to learn about sword fighting, now is your chance! Join us for a fun session of adaptive fencing.

# David Dierks & Jill Gelster

## War Room Heads



David Dierks, Head of the War Room, has been studying Bartitsu under Tom Badillo since 2009. He has been part of Tom's fight team at many venues, including ones in Portland, Oregon; Las Vegas, Nevada; and several Bay Area appearances. He has studied with Tony Wolf, one of the foremost authorities of Bartitsu in the modern age, and has studied stage combat with Christopher Villa and Richard Lane. He is the resident fight choreographer and technical director for the Orinda Starlight Village Players. In addition, he is one of the more irregular members of the SF Bay Area Bartitsu Irregulars. David can be reached at [david@aspenconsult.net](mailto:david@aspenconsult.net).

Jill Gelster is the Second for the War Room. She has been studying Bartitsu under Tom Badillo since 2009. She has also been part of Tom's fight team at many events, including ones in Portland, Oregon, Las Vegas, Nevada, and several demos in the Bay Area. She has also studied under Tony Wolf, one of the foremost authorities of Bartitsu in the modern age. She has a Bachelors of Arts in theater from Santa Clara University and is the Administrative Director of the Orinda Starlight Village Player theater company in Orinda, California. She is also a member of Fightkore in Martinez, California. Jill can be reached at [jill@aspenconsult.net](mailto:jill@aspenconsult.net).



# Tim Hendry



Fencer, historian, lover of tea and waistcoats, Tim found the perfect fit for his various passions in the Steampunk scene. Tim has been teaching historical swordplay from the Victorian Era for a number of years now, mainly focussing on British sabre he also practices knife fighting, duelling sword, and fencing with cane. Tim also has an extensive history of martial arts, having practiced boxing, submission wrestling and tae kwon do for many years. Tim is a trained historian, with a focus on 19th century Europe and the Viking Age, he even wrote his honours thesis on the cultural influences on Alfred Hutton's works. He is also very fond of dressing up, and will take any excuse to slip into a waistcoat, refine his moustache and order a nice pot of tea.

Tim teaches in person and online lessons through The Old Sword Club (<https://theoldswordclub.com>). He is currently doing a course on cutlass fighting online every Wednesday, but with a special guest lesson on the last Wednesday of every month. He also runs in person meetups in Australia's Blue Mountains on the third Saturday of every month. Check out <https://theoldswordclub.com> or <https://www.facebook.com/theoldswordclub> for more information.

## Class

### **Panel Martial Arts in the Steampunk Verse Sat. 4 p.m.**

After watching the pre- study materials video with instructors, David Charles, Tim Green, Tom Badillo, Brooke Boyer, J Marlow Schmauder, Gene Ching, Fred Kaye and Argent Bracci, con goers can ask questions of an array of martial art instructors who have taught in the Steampunk 'verse.

Some are instructors from past Clockwork Alchemy conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo leading the panel with Henry Hill, Tim Green, Fred Kaye and Argent Bracci.



# Henry M. Hill IV (Decon)



**M**artial Arts has been the focal point of Henry M. Hill IV's life since the age of 13. He started out using martial arts to escape from street life in Richmond, CA. Once reaching adulthood, he joined Black Swords in Oakland, California. This is where he trained with shanai and earned his first spot as an instructor teaching Historical African Martial arts for 4 years, Black Swords for 20 years for myself and for Deacon, 20 years training with the Madjay Teaching at a monastery in Timbuktu.

His interest in African Martial Arts was piqued when he joined the Twilight Nights and started renaissance fairs, playing a Moor as his faire persona. He has a working knowledge of Zulu martial arts, Meyer Dusack, Eskrima, and Kendo.

## Class

### **Khopesh Demo Sat. 3 p.m.**

Come learn the secret fighting style of the ancients, from the land of the mummies and the pyramids. As taught to you by a Deacon, the captain of the airship Vagabonds Dream.

### **Panel Martial Arts in the Steampunk Verse Sat. 4 p.m.**

After watching the pre-study materials video with instructors, David Charles, Tim Green, Tom Badillo, Brooke Boyer, J Marlow Schmauder, Gene Ching, Fred Kaye and Argent Bracci, con goers can ask questions of an array of martial art instructors who have taught in the Steampunk 'verse.

Some are instructors from past Clockwork Alchemy conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo leading the panel with Henry Hill, Tim Green, Fred Kaye and Argent Bracci.

### **Stick Fighting Demo Sat. 6 p.m.**

From the place where the leopards roam free, there is but one style of combat that is so versatile and free that it makes hunting them a dream. Deacon will teach you the basics of Nguni stick fighting.



# Michael C Holdsworth aka Argent Bracci



Argent Bracci (AKA Michael Holdsworth) is a fitness professional and has held certification since 2000 in the UK and 2002 in Canada, (OCR/BCRPA/CAN-FIT-PRO Personal Training Specialist, Group fitness leader, Fitness for Older Adults, Health and Wellness Specialist and weight training instructor) and has over 20 years of experience in fitness training. He is an ex Law Enforcement Officer and has also served as a member of Her Majesty's Royal Navy (1986 to 1991). He is also an instructor in Filipino Martial Arts and Empty Hand concepts.

Over the last couple of years Torqueblade has gone from strength to strength. Torqueblade has been recognized by BCRPA and Can-Fit-pro for certification for professional fitness trainers. He has had the opportunity to work with BC Boys fast pitch team and several other ball teams for core conditioning with great success.

Although Torqueblade may be used, as a tool to instruct functional fitness, Michael prefers the tool to be used in conjunction with the philosophy of the Art of Adaptability. The Art amalgamates the attributes of fitness and fantasy for beneficial purposes of a lifestyle adaption.

For all those who participated in assisting Mike by purchasing the blades and taking part in seminars, he thanks you for believing in his product and way of thinking. As they say in Torqueadia, "Edges out, stay sharp!"

## Classes

### **Intro to Torqueblade Sat. 10 a.m.**

A discussion on the totality of Torqueblade and fitness/combat training through the medium of Steampunk. All motions are similar, intent changes the outcome.

### **Torqueblade Workshop Sat. 2 p.m.**

Torqueblade is a tool designed to develop functional body mechanics and how they are applied to a combative application.

### **Panel Martial Arts in the Steampunk Verse Sat. 4 p.m.**

After watching the pre-study materials video with instructors, David Charles, Tim Green, Tom Badillo, Brooke Boyer, J Marlow Schmauder, Gene Ching, Fred Kaye and Argent Bracci, con goers can ask questions of an array of martial art instructors who have taught in the Steampunk 'verse.

Some are instructors from past Clockwork Alchemy conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo leading the panel with Henry Hill, Tim Green, Fred Kaye and Argent Bracci.

# Fred Kaye



Sifu Fred Kaye's martial career spans over 45 years. Coach Fred's martial foundation is in the Chinese martial traditions, ranging from external Northern/Southern Shaolin styles to Internal Ba Gua Zhang, Xing Yi Quan, Lu Huo Quan, and Tai Chi Ch'uan. Over the last 8 years, Fred has expanded his martial journey with a continuous exploration of western martial arts Bartitsu, La Defense dans la Rue, and other global fighting arts. Coach Fred has developed a training program integrating classic warrior training, featuring Indian Clubs, Maces and health wands to allow warriors and any person to maintain health at any age.

## Classes

### **La Defense Dans La Rue Sat. 11 a.m.**

La Defense dans la Rue is a term applied to various systems of personal combat developed in France around the end of the 19th and the beginning of the 20th centuries, and is part of the same developing interest in urban street defense that spawned the similar art of Bartitsu in England. Developed to defend against the dreaded Parisian Apache street gangs.

### **Panel Martial Arts in the Steampunk Verse Sat. 4 p.m.**

After watching the pre-study materials video with instructors, David Charles, Tim Green, Tom Badillo, Brooke Boyer, J Marlow Schmauder, Gene Ching, Fred Kaye and Argent Bracci, con goers can ask questions of an array of martial art instructors who have taught in the Steampunk 'verse.

Some are instructors from past Clockwork Alchemy conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo leading the panel with Henry Hill, Tim Green, Fred Kaye and Argent Bracci.

conventions, some are international instructors who are teaching here via zoom for the first time. They include Tom Badillo, Henry Hill, Tim Green, Fred Kaye and Argent Bracci.

### **Indian Clubs Sun. 10 a.m.**

Even Steampunks need to exercise. Experience the exercises that British Expeditionary forces used to expand the Victorian Empire. Indian clubs were exceptionally popular during the health craze of the late Victorian era, used by military cadets and well-heeled ladies alike, and even appeared as a gymnastic event in the 1904 and 1932 Olympics. If participants do not have clubs they could use two short sticks or a pair of small bottles.



# Michael Kirkley



Michael Kirkley has been studying martial arts for most of his adult life. At first it started with Kempo, Aikido, Kung fu and Krav Maga. In the early 2000s he started taking his first HEMA (Historic European Martial Artes) classes. From that stemmed wrestling, knife fighting, sword fighting, axes and pugilism. One thing he will always mention is that all of these artes flow together and all follow similar rules, just adjusted for the styles timing and distance. You can reach Michael at [mikesama@gmail.com](mailto:mikesama@gmail.com)

## Classes

### **Bowie Knife: An American Dueling Tradition Sat. Noon**

The Vidalia Sandbar fight made Jim Bowie famous, but what about the knife he used? We'll go over the basic of what is a bowie knife and how one would fight with one.

### **Pugilism - The Precursor of the Sweet Science Sun. Noon**

This class will start with a brief history of pugilism leading up to the Marquis of Queensbury rules. We will then cover several drills that will allow you to practice some of your pugilism at home. Finally questions will be taken about the history, uses of and places to look for additional information/training.



# David Laudenslager



**D**avid Laudenslager is a National Fight Director and Representative for the Northern California Charter of The Saber Legion (TSL), the international LED saber combat organization. He is very excited to be one of the hosts of TSL Underground at Clockwork Alchemy. He was the director of the 4th Effervescent Etherblade Tournament, which occurred during Clockwork Alchemy 2019. David has fought in TSL international tournaments in Minneapolis and Las Vegas, where he has placed in every year since 2017. He also fights in the TSL Championship Series division, where he is currently one half of the TSL Tag Team Champions. In addition to LED saber combat, David is a practitioner of British singlestick and spear and currently trains in Italian rapier at the Davenriche European Martial Artes School. David lives in the Bay Area with his wife and two children, working as a Software QA Engineer at Apple.

## **Class** **TSL Underground at Clockwork Alchemy** **Sat. 5 p.m.**

The Saber Legion Steampunk Charter is proud to present TSL Underground at Transmissions from the Aether. Join us online as Thor Zimmer-Borger and David Laudenslager for live commentary and fight analysis as they breakdown Effervescent Aetherblade matches from members of TSL's Steampunk Charter.

The Saber Legion created TSL Underground in 2020 as an online event to allow our international membership to gather safely to record and present fights as a live streamed sports broadcast. All Underground participants adhere to TSL's COVID-19 guidelines which include face masks and mandatory social distancing. Check out our previous Underground sessions and event live streams on The Saber Legion YouTube channel at [www.youtube.com/c/TheSaberLegion1](https://www.youtube.com/c/TheSaberLegion1)



# Jim Liebich

## AKA: BB Bottlestopper



**J**im has been fencing for over 20 years, and coaching since 2001. He is the owner of En Garde Fencing and has achieved the rank of Moniteur in the United States Fencing Coaches Association for épée and foil. Over the years Jim has learned from many great teachers, dabbled in several martial arts, and is an enthusiastic supporter of the newly forming Warbow League in the Bay Area.

### **War Bow Demo Sun. 2 p.m.**

Warbow is a fast-paced, exciting, team-based archery game. Two teams of three players compete head-to-head in 3 rounds of engagement timed at 3 minutes each. Scores are tabulated by referees who observe for safety and to ensure that the rules are adhered to properly. This video session will explain the rules of play, cover proper safety guidelines, and provide video examples of gameplay. By the end of the session, you should be able to conduct your own games for practice and form teams for league play. Join the fun today!

For more information go to [www.warbowleague.com](http://www.warbowleague.com).

### **Adaptive Fencing Sun. 4 pm.**

Adaptive fencing is an excellent sport for anyone who wishes to remain active when typical able-bodied mobility is not possible. The barrier for entry is fairly low, requiring proper safety equipment and a well-balanced, armless chair of some kind, preferably with a low back. The purpose of this video session is to explain the basics of adaptive fencing, answer any questions about the sport, and provide resources and information for anyone who is interested in pursuing the sport further. Adaptive fencing, whether Olympic style or using historical weapons such as the rapier, is excellent for your health. As a physically active strategy game, it is excellent for keeping both mind and body fit. If you have ever wished to learn about sword fighting, now is your chance! Join us for a fun session of adaptive fencing.



# Jonathan Magno AKA: Captain Merrill



As for Captain Merrill, the mysterious freelancer was born and raised in a small port town along the outskirts of the Sri Vijaya Empire. Born to a Western trader and local woman, Captain Merrill spent a childhood entranced by tales of adventure and exploration. However, the declining empire brought poverty and hardship to Merrill's village. He made a vow to travel forth in search of fame and riches to build and support his distant home. Thus, the beginning of the WarBow Free Companies.

## **Class** **War Bow Demo** **Sun. 2 p.m.**

Warbow is a fast-paced, exciting, team-based archery game. Two teams of three players compete head-to-head in 3 rounds of engagement timed at 3 minutes each. Scores are tabulated by referees who observe for safety and to ensure that the rules are adhered to properly. This video session will explain the rules of play, cover proper safety guidelines, and provide video examples of gameplay. By the end of the session, you should be able to conduct your own games for practice and form teams for league play. Join the fun today!

For more information go to [www.warbowleague.com](http://www.warbowleague.com).

# Roberto Martinez-Loyo



Roberto Martinez-Loyo has studied Western Martial Arts since 2003. As a youngster, he studied Tae Kwon Do for many years, both in Mexico and in Upstate NY, USA. In 2001 he trained as a professional stunt performer with the United Stuntmen's Association, and has worked professionally since then. He has acquired further training with several other instructors, becoming both a stunt performer and a stunt coordinator. A member of the International Order of the Sword and Pen (IOSP), Art of Combat (Lansing Chapter), Western Martial Arts Coalition, and the Historical European Martial Arts (HEMA) Alliance, he was the co-founder and head instructor of the Brotherhood of Warriors (Hermandad de Guerreros) and is co-founder and the lead instructor for the Elite Fencing Club in Mexico City (EFC-Mexico). He has taught at several workshops and seminars both in Mexico and abroad, such as the National Western Martial Arts Seminar (SAMO) and the Underground Fencing, amongst others, as well as giving private instruction and offering workshops as invited instructor

in different events. Internationally, he has been asked to teach at prestigious events such as the Fechtschule America 2012, the COMBATCON, the Sentiment du Fer, the Pacific North West HEMA Alliance Gathering and the Historical European Fighting and Fencing Arts Coalition (HEFFAC) Event 2013. He has also been asked as invited instructor at Academie voor Middeleeuwse Europese Krijgskunsten (AMEK) and Arts of Mars. Roberto continues his instruction and training in HEMA by participating regularly in different venues and tournaments such as the International Sword and Martial Arts Convention (ISMAC), the First Open International Gathering, the Fechtshule America, the Combat Con (where he came in third at the 2011 and first in the 2012 longsword tournament) and the Paddy Crean Workshop, amongst many others. He is currently developing a fighting system with the Chimalli and Maquahuitl (Aztec Shield and Sword), developing it based on interpretation of available codex and images, as well as practical understanding of the weapon system, working alongside different people to develop "safe" training wasters for these weapons.

## Class

### "Macquauhmachtia" (Maquahuitl)

Sun. 1 p.m.

Macquauhmachtia is the Nahuatl (Aztec) word meaning "to teach someone to fence." This class will explore and build on the use the Aztec war club, the Macuahuitl (ma-cua-uee-tl), the weapon that gave the Mexicas (Aztecs) control over most of central Mexico. The Maquahuitl was a feared weapon, having been described by the Spanish Conquistadors as being able to sever the head off a horse.



# James Song aka Jacob Malthus



**T**he man who now goes by the name Jacob Malthus started his life in a struggling merchant family in the far lands of the mysterious Orient. On his last voyage aboard a cargo airship bound for the Middle East, his crew was set upon by vicious pirates over the seas of Indonesia.

Crashed upon uncharted islands, Malthus may have perished in the jungles were it not for Captain Josiah Sindria Merrill and the intrepid WarBow Free Companies under his command. A storm of arrows lanced out from the dense foliage and found their mark among disheartened pirates. Entranced by the dashing heroics of his rescuers, Malthus resolved to join the Company, and now serves as their Quartermaster and logistical support.

The band of adventurers, talented gentlemen, and hired guards that form the ranks of the WarBow Free Companies train in various combative arts of the unexplored world. As many of their endeavors take them into remote expeditions through unexplored regions, the company has adopted archery (from whence comes their namesake) as the primary form of self-defense and survival in locales where fuel and shot become sparse.

## **Class War Bow Demo 2 p.m. Sun.**

Warbow is a fast-paced, exciting, team-based archery game. Two teams of three players compete head-to-head in 3 rounds of engagement timed at 3 minutes each. Scores are tabulated by referees who observe for safety and to ensure that the rules are adhered to properly. This video session will explain the rules of play, cover proper safety guidelines, and provide video examples of gameplay. By the end of the session, you should be able to conduct your own games for practice and form teams for league play. Join the fun today!

For more information go to [www.warbowleague.com](http://www.warbowleague.com).



# John Sullins



**D**r. Sullins is a Professor of Philosophy at Sonoma State University and director of the Fencing Masters Certificate Program ([www.ssufmcp.com](http://www.ssufmcp.com)).

Additionally he serves as an advisor and coach for the university's fencing club and teaches theatrical fencing in the theater arts department. He also teaches Italian Sabre and historical fencing at En Garde Fencing in Santa Rosa California (<https://egfencing.com/>)

Professor Sullins has four decades of experience in fencing and various martial arts (mixed martial arts mostly) and has been teaching fencing and WMA for over thirty years.

Dr. Sullins studied under many great fencing teachers but most of his training was done with Maestro William Gaugler and Military Master at Arms Ralph Sahm at the San Jose State Military Fencing Masters Program. He earned three Military Instructors at Arms certificates in foil épée and sabre, a Military Provost at Arms certificate and Military Master at Arms certificate ([www.sallegreen.com/mastersS.html](http://www.sallegreen.com/mastersS.html)). Dr. Sullins' fencing style traces its roots through the Italian Roman-Neapolitan School and the School of Leghorn which both have much deeper roots to earlier styles of fencing back at least 500 years or more.

Professor Sullins is an expert within the tradition of classical Italian sabre. In 1990, Dr. Sullins encountered a heavy antique fencing sabres in an arms and armor shop in Rome and since that time he has been helping to resurrect that style of fencing. In the mid 1990's he started the Broadsword and Heavy Sabre yahoo group ([http://sports.dir.groups.yahoo.com/group/Broadsword\\_Heavy\\_Sabre/](http://sports.dir.groups.yahoo.com/group/Broadsword_Heavy_Sabre/)) and who were successful in getting some manufacturers to build heavy sabre blades and weapons. There are now many decent heavy fencing sabres available and good helmets and protective gear is also available from Terry Tindle ([www.thatguysproducts.com/](http://www.thatguysproducts.com/)).

## **Class**

### **Victorian Sabre**

**11 a.m. Sun.**

For the benefit of all gentlefolk traveling under adverse circumstances, a short course of instruction will be held in dueling and military Sabre. Useful in solving personal duels of honor and dissuading the advances of those unfortunates whom have become zombified. Equipment will be provided. The prudent adventurer is advised to come adorned with attire appropriate for active participation.



# Christopher Villa



Christopher Villa is a Theatre Artist with experience at every level, from Janitor to Artistic Director on over 300 productions at Theatres and Schools across the country. He has staged Fights for the Oregon, and Utah Shakespearean Festivals, among others, and has taught Stage Combat and Movement at Universities, High Schools and Youth Theatre, including 24 years at the University of California Irvine.

Since 1976 he has worked in Theatre, Opera, Ballet, and Film, frequently running his own Theatre Companies and Swordfighting Performance Troupes, from The Crystal Egg in Ashland, OR, to The Pennsylvania Renaissance Faire.

Since some unfortunate accidents and injuries he is now working on his old Art Skills, painting, sculpting, graphic arts and creating Cigar Box Art, and Dioramas.

A veteran of Clockwork Alchemy's early days, he taught LED Sabre, and Swordfighting For The Steampunk Adventurer, in the War Room, exhibited his art in the Gallery, and was a Vendor during his last year.

I would be remiss if I were to omit his 10 Poetry Books, a dozen Plays, his etsy store Capriquariusarts, where his Art can be found or his Vocal Music for The Personas, and instrument The Electric Universe, on his Capriquarius Soundcloud site.

## Classes

### **The Adventures Of Major Vostok/The Order Of The Black Rose**

**Sun. 3 p.m.**

Story telling of The Dragon Hunt -Jungle diorama with Komodo Dragon. The Cavern Of Blood-North African setting in search for ancient Atlantean jewel mine.

# Eric Zmarzly



Eric Zmarzly Sensei began studying martial arts in 1991 at the University of Notre Dame, South Bend, Indiana while getting his degree in Philosophy and Theology. In 1993 he entered Tenshin Shoden Katori Shinto Ryu. In 1995, he became uchi-deshi (live-in student) under Sugawara Tetsutaka Sensei in Machida, Japan, studying for 2+ years, with intensive study in Katori Shinto Ryu, Aikido, Tai Chi Chuan, Goju-ryu Karate, and various Chinese martial art styles. Sugawara Tetsutaka Sensei was a direct student and uchi-deshi to the Founder of Aikido, Morihei Ueshiba known as O'Sensei.

In 1997, Eric received his Katori Shinto Ryu mokuroku proficiency certificate. In 2006 he was granted a kyoshi instructor license for Katori Shinto Ryu, from Sugawara Tetsutaka Sensei. In 2020, he was awarded 5th degree black belt in Aikido.

Eric Zmarzly Sensei currently lives, trains, and teaches in Northern California.

## **Classes** **Japanese Sword Class** **Sun. 5 p.m.**

Tenshin Shoden Katori Shinto-ryu (天真正伝香取神道流) is one of the oldest extant Japanese martial arts, and is revered as a koryu bujutsu (traditional martial art). The art has been continuously passed from teacher to student since its founding over 600 years ago by Iizasa Choisai Ienao (飯籾 長威斎 家直). The teachings encompass the various samurai battlefield weapons as well as the martial art principles that have become both fundamentals and secrets of later styles. This video session will cover a small number of important basic principles in the art, and will include some movement exercises that you can follow along with at home.