

Fred Kaye



Sifu Fred Kaye's martial career spans over 50 years. Coach Fred's martial foundation is in the Chinese martial traditions, ranging from external Northern/Southern Shaolin styles to Internal Ba Gua Zhang, Xing Yi Quan, Lu Huo Quan, and Tai Chi Ch'uan. Over the last 8 years, Fred has expanded his martial journey with a continuous exploration of western martial arts Bartitsu, La Defense dans la Rue, and other global fighting arts. Coach Fred has developed a training program integrating classic warrior training, featuring Indian Clubs, Maces and health wands to allow warriors and any person to maintain health at any age.

Classes

Defending Your Airship

A fan favorite for many years at Gaslight Gathering, CombatCon and Clockwork Alchemy every year! Learn what every airship crew member needs to know when defending against an aerial attack and repelling a boarding action. We will study close combat use of Singlestick, 19th Century Saber, Steampunk longsword, Cutlass, war club and boarding axe on land, sea and air in our Steampunk universe.

Indian Clubs

Even Steampunks need to exercise. Experience the exercises that British Expeditionary forces used to expand the Victorian Empire. Indian clubs were exceptionally popular during the health craze of the late Victorian era, used by military cadets and well-heeled ladies alike, and even appeared as a gymnastic event in the 1904 and 1932 Olympics. If participants do not have clubs they could use two short sticks or a pair of small bottles.

La Defense Dans La Rue

La Defense dans la Rue is a term applied to various systems of personal combat developed in France around the end of the 19th and the beginning of the 20th centuries, and is part of the same developing interest in urban street defense that spawned the similar art of Bartitsu in England. Developed to defend against the dreaded Parisian Apache street gangs.