



Rey Magdael



Rey Magdael has been studying several different martial arts for the past four decades. His background in both “hard” and “soft” styles has given him a rich appreciation of the ways that practice has touched his life and the lives of everyone he has the pleasure of practicing with. The War Room gives him the all-too-rare opportunity to keep his skills sharp and share his insight to anyone willing to return the favor.

Classes

Knives

Facing an opponent with a blade can be intimidating. From icepicks to balisongs to daggers to short-swords, an opponent with a weapon as versatile as this one can be a problem for the uninitiated. In this workshop, Rey will teach you the basics of grip, defensive postures, and how to be effective with a blade at the ready.

Improvised Weapons

You can't carry your armory with you. You won't even always have the luxury of carrying a traditional self-defense tool with you. That won't always stop ninjas, zombies, and generic-style bad guys.

This hands-on workshop will be based around two basic concepts: “Anything is a weapon if you're holding it right”, and “If you know what you have near you, everything around you can be Anything”. 2022's session had students showing up with scarves and serving trays. The instructor invites you to continue the tradition and bring something that can be defined as “not a weapon” to use as a weapon.

In addition, the instructor will be wearing protective gear so you'll be able to practically exercise the techniques taught.